|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | |  | Bilal A. AHMED Academic qualification: Ph.D. in biomechanics |
| **General specialty: Physical education and sports science**  **Specialist in Biomechanics: Kinesiology**  **1- Kinetic analysis 2- Analysis Body force 3-motor skills activities**  **Sincerely,**  **Current work: Assistant Prof at Ibn Sina university of Medical and Pharmaceutical Sciences, College of Medicine, Basic Sciences...** |
| **Researches**   1. **Neuromuscular compatibility exercises with electrical stimulation and their effect on some biomechanical variables and the achievement of hammer throwing** 2. **Calculated calories for training and their effect on developing some physical and biomechanical abilities and achieving 400-meter run for youth** 3. **The Relation of the Motive Sport Achievement and Self-confidence with the Level of Achievement of Throwing Events in Athletics** 4. **Special Training According to Power Law and Its Effect on Some Kinetical Indicators and Achievement in 100m Sprint Under 20 Years Old** 5. **The Momentary Strength Exercises and The Strength Distinguished by Speed with Electrical Stimulation (Ems) And Its Effect on Some Biomechanical Variables and Achievement of Hammer Throw** 6. **Ballistic training and its effect on the values of some kinematic variables and the electrical activity values of working muscles and the achievement of discus throwing for juniors** 7. **Effect of Muscle Balance Exercises in (EMG) and some Biomechanical Variables Hammer throw** 8. **Impact strength exercises for the muscles involved in some variables Biomechanical And completion of payment of gravity** 9. [تأثير تدريبات خاصة وفق جهاز الكتروني مصنع في التحكم بتوازن القوة للرجل الامامية والخلفية أثناء التقدم والرجوع في رياضة المبارزة](https://scholar.google.com/citations?view_op=view_citation&hl=ar&user=rvYpSP4AAAAJ&citation_for_view=rvYpSP4AAAAJ:5icHVeHT4IsC) 10. **device (F & T1) for measuring the force and pull of the trigger** |
|  | Date of birth: 10/11/1972  Nationality: Arabic  Religion: Muslim | |
|  |  | Iraq Baghdad |
|  |  | |
|  |  |  |
|  |  | |
|  |  | (dr.bilal@ibnsina.edu.iq) |
|  |  | |
|  |  |  |
|  |  | |  |